

# Lighten ~~the~~ LOAD

LESS TRASH. MORE RECYCLING. WHAT YOU CAN RECYCLE AT CITY SCHOOLS

Trash. We make it. Every one of us. Every day. And that's a heavy load. Recycling can help.

Let's change how we think about our trash. Baltimore's recycling rate is terribly low. And we have lots of litter - most of which is recyclable.

Many say education is the answer. That puts us here at City Schools in an influential position.

Let's lead the way and change our behavior. For our kids. For our City. For our environment. Your choices. Your actions. Help lighten the load.

## QUICK GUIDE

Some trash will decompose, but only with sunlight and oxygen, which most landfills don't have. And if trash is burned for energy, it pollutes the air. Plastic and styrofoam don't decompose, they break into small pieces and collect toxins, or release pollution when burned. Either way, trash can contaminate our water, air, and soil and cause harm to humans, animals, and plants.

**So, let's recycle our paper, cardboard, cans, plastic, and glass into new things.**

BALTIMORE CITY  
PUBLIC SCHOOLS



### Paper, Newspaper

Can be recycled into new paper



### Cardboard

Can be recycled into new paper



### Metal Beverage & Food Containers

80-200 years in a landfill.  
\*Empty before recycling



### Plastic Beverage Bottles

450 years in a landfill.  
\*Empty before recycling



### Plastic Cups

450 years in a landfill.  
\*Empty before recycling



### 3 Ring Binders

Time undetermined.



### Glass Bottles

1 million years in a landfill.  
Some sources say it does not decompose.  
\*Empty before recycling



### Do Not Recycle

No Plastic Food Containers  
No Styrofoam Food Containers  
No Plastic Bags  
\*In City Schools Bins